

MEDIA & SPEAKER KIT

Dr. Diane Mueller

Feel better. Live better. Love better.

- Naturopathic Doctor (ND)
- Doctor of Acupuncture & Oriental Medicine (DAOM)
- Licensed Acupuncturist • Board Certified Sexologist
- Author of three books, two of them bestsellers
- 15+ years in clinical practice
- 100+ podcast, summit and television appearances
- Host of The Libido Lounge podcast
- Summit host and international speaker
- Certifies clinicians in treating Lyme, mold and MCAS



Short bio — for programmes and show notes

Dr. Diane Mueller, ND, DAOM, is a double-doctorate clinician, bestselling author and international speaker. She founded My Lyme Doc, treating Lyme disease and complex chronic illness, and My Libido Doc, helping couples rebuild desire. A survivor of Lyme disease and mold illness herself, she certifies clinicians in treating Lyme, mold and MCAS, and teaches business to female entrepreneurs through the Femme Freedom Project. She hosts The Libido Lounge podcast and has appeared on Fox News, CBS News, the Dr. Nandi Show and more than a hundred podcasts and summits.

ONE THROUGHLINE

Every stuck thing has a reason. *Freedom is what's on the other side of finding it.*

CLINICAL PRACTICE

My Lyme Doc

Lyme disease, mold illness, coinfections and MCAS — the complex cases other clinics gave up on.

CLINICAL PRACTICE

My Libido Doc

Desire, intimacy and the physiology behind them, for couples in long-term relationships.

SHE CERTIFIES CLINICIANS

Lyme, Mold & MCAS Certification

The ten-course program she wrote and teaches. Clinicians internationally earn their certification through it.

BUSINESS TRAINING

The Femme Freedom Project

Business training built around how women actually think, lead and recover.



At one point, *she thought she was dying.*

Dr. Diane Mueller, ND, DAOM, LAc, holds two doctorate degrees and has spent more than fifteen years in clinical practice. She is the founder of **My Lyme Doc**, treating Lyme disease, mold illness and complex chronic conditions, and **My Libido Doc**, helping couples rebuild desire and intimacy.

She came to both through her own illness. Chronic fatigue, severe digestive dysfunction and chronic pain, for years, with conventional medicine offering little beyond mild palliation. What she actually had was Lyme disease, mold illness and chronic IBS — undiagnosed, treatable, and dismissed often enough that she questioned whether it was real. It is why patient audiences recognise themselves in her talks so quickly.

She is the author of *It's Not In Your Mind*, a bestseller on Lyme and mold illness, and the *Want to Want It* trilogy on desire in long-term relationships. She hosts The Libido Lounge podcast, certifies clinicians in treating Lyme, mold and MCAS, and founded the **Femme Freedom Project**, a business training program for women, after building her own first business while broke and fielding calls from debt collectors.

"I was the patient first. Then the clinician. Then the one other clinicians call when they're out of options."

Dr. Diane Mueller, ND, DAOM

SHORT BIO — FOR PROGRAMMES AND SHOW NOTES

Dr. Diane Mueller, ND, DAOM, is a double-doctorate clinician, bestselling author and international speaker. She founded My Lyme Doc, treating Lyme disease and complex chronic illness, and My Libido Doc, helping couples rebuild desire. A survivor of Lyme disease and mold illness herself, she certifies clinicians in treating Lyme, mold and MCAS, and teaches business to female entrepreneurs through the Femme Freedom Project. She hosts The Libido Lounge podcast and has appeared on Fox News, CBS News, the Dr. Nandi Show and more than a hundred podcasts and summits.

Who she speaks to

- **Patients** living with Lyme, mold illness or unexplained chronic symptoms
- **Clinicians** treating complex chronic disease
- **Couples** facing a desire gap or a stalled intimate life
- **Female entrepreneurs** building something sustainable
- **Corporate audiences** on burnout and recovery

Why she does this work

- Because being disbelieved by a doctor does its own damage
- Because desire mismatches are solvable, not a life sentence
- Because most chronic illness has a root cause worth finding
- Because women build businesses differently, and deserve advice that says so

Three rooms. Three bodies of work.

Every talk can be delivered as a keynote, a workshop or a summit interview, and tailored to your audience and theme.

CHRONIC ILLNESS • PATIENTS AND CLINICIANS

It's Not In Your Mind — Lyme, mold illness and the invalidated patient. What gets missed, why labs come back "normal", and how patients get their footing back.

Root Causes in Complex Chronic Illness — a clinician-facing session on testing, coinfections, MCAS and sequencing treatment for highly sensitive patients.

The Burnout Physiology — why high performers crash, what the nervous system is doing about it, and what actually restores capacity.

LIBIDO, DESIRE AND RELATIONSHIPS

Want to Want It — the science of desire in long-term relationships, and why wanting to want it is a solvable problem rather than a character flaw.

The Desire Gap — what to do when one partner wants more than the other, addressed for both sides.

Libido as a Health Marker — low desire read as a clinical signal: hormones, thyroid, gut, inflammation and stress physiology.

WOMEN, WORK AND MONEY

Built for the Female Brain — why standard business and productivity advice fails women, and what to run instead.

Clarity Before Hustle — reading your own business with data instead of emotion: what to stop, when to hire, what to delegate first.

Fortune Equals Freedom — building a business that doesn't cost you your health.

If your event has a theme that crosses these areas — women's health, resilience, leadership, longevity, midlife — Dr. Diane will build the session around it rather than dropping in a stock keynote.

FORMATS

45-60 MIN

Keynote

One signature talk, clear takeaway, Q&A.
Most requested.

60-120 MIN

Workshop

Working session; the audience leaves with a plan on paper.

30-60 MIN

Summit interview

Live or recorded. She hosts summits herself.

45-90 MIN

Panel or fireside

Clinical depth without jargon; strong unscripted.

HALF OR FULL DAY

Clinician training

Functional medicine teaching for practitioners.

YOUR RUN TIME

Podcast guest

Interviews across all three subject areas.

STAGES, SUMMITS AND CLINICIAN TRAINING

Summits and professional stages

- **DrTalks** — co-host, Solving Sexual Dysfunction Summit
- **DrTalks** — co-host, Microbes & Mental Health Summit
- **Mastering Menopause Summit** — featured speaker
- **Texas Lyme Alliance** — invited presentation
- Has shared stages with **JJ Virgin** and **Sam Horn**

Teaching clinicians and practitioners

- **Evexia Diagnostics** — clinician education, multiple presentations
- **Vibrant Wellness** — clinician education, multiple presentations
- **Colorado Association of Naturopathic Doctors** — repeat speaker
- **National Association of Nutrition Professionals** and nutrition conferences
- Certifies clinicians in treating Lyme, mold and MCAS

THE CERTIFICATION SHE TEACHES

She certifies clinicians — Lyme, Mold & MCAS, in the MyLymeDoc Method

Her own program, curriculum and exam. Three certification courses — chronic Lyme and coinfections, mold and mycotoxin illness, MCAS and histamine intolerance — plus a final exam, and seven further courses covering the adjacent protocols these patients need. Every lesson names the labs to order, the functional ranges to read them against, the products by name, and the exact doses.

drdianemueller.com/courses · MDs, DOs, NDs, DCs, NPs and PAs enrolled

What the organizer receives

- Speaker bio, headshots and talk description
- Promo copy and graphics written for your audience
- A pre-event call to tailor the talk
- Cross-promotion to her audience

Practical notes

- Available in person and virtually, domestically and internationally
- Based in Centennial, Colorado
- Sessions can be built to **CE requirements** for clinician audiences
- Reduced rates for nonprofits and patient advocacy organizations — please ask

REACH

33,000

Email subscribers

3,300

Monthly podcast downloads

2,000+

YouTube subscribers

30,000+

Couples helped through her programs

110+

Episodes hosted on The Libido Lounge

10

Courses in the certification she teaches

Mailing list is cleaned monthly to remove anyone who has not opened in six months.

AS SEEN ON

Television and press: Fox News · CBS News · The Dr. Nandi Show · Now Health TV (eight-part series) · Cosmopolitan

Professional: Colorado Association of Naturopathic Doctors · DrTalks (speaker and summit host) · Mastering Menopause Summit

SELECTED APPEARANCES

CHRONIC ILLNESS

BetterHealthGuy

Tick Boot Camp

The SIBO Doctor

15 Minute Matrix

Living With Lyme

Texas Lyme Alliance

Keto Kamp

How Humans Heal

LIBIDO & RELATIONSHIPS

Cosmopolitan

Hotter Than Ever

Hack My Age

Sex Reimagined

The Thyroid Fixer

Art of Feminine Negotiation

A Salad With a Side of Fries

Redefining Wisdom

BUSINESS

Health Biz Growth — with JJ Virgin

Heart Led Business

Influential Entrepreneurs

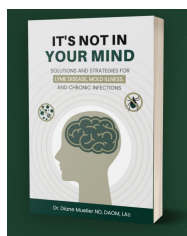
Pure Wisdom

HER OWN SHOWS

The Libido Lounge — host

110+ episodes · 5.0 rating

BOOKS



It's Not In Your Mind

#1 bestseller in new releases · Lyme, mold and chronic infections



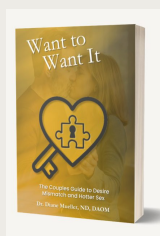
Want to Want It — Part One

#1 bestseller in new releases



Want to Want It — Part Two

Playbook to Become a Greater Lover



Want to Want It — Part Three

The Couples Guide to Desire Mismatch and Hotter Sex — due 2026–2027

The first three available in Kindle, print and audiobook — on Amazon, Audible, Barnes & Noble, Apple Books, Kobo and most major online retailers.
Part three — *The Couples Guide to Desire Mismatch and Hotter Sex* — is due 2026–2027.

Bookings and enquiries

drdianemueller.com/contact

Every enquiry is read by a real person.

Assets on request

High-resolution headshots · suggested interview questions · talk descriptions · promo graphics